

Camberwell Grief Sanctuary Diversity and Inclusion Statement

At Camberwell Grief Sanctuary, we believe that diversity and inclusion are fundamental to the effectiveness of our organization's mission in the mental health, wellness, and grief support field. We strive to create an inclusive and welcoming environment that allows for the uniqueness of every individual, regardless of their race, ethnicity, nationality, gender, sexual orientation, age, physical or mental ability, religion, socioeconomic status, or any other dimension of diversity.

We recognize that mental health, wellness, and grief support are essential for people from all walks of life, and we are committed to providing equitable access to our services and resources. Our non-profit is dedicated to supporting and promoting the well-being of all individuals, irrespective of their background or circumstances. We understand that diverse perspectives, experiences, and identities enrich our understanding of mental health and grief and contribute to innovative and effective solutions.

To achieve our commitment to diversity, inclusion, and the overall mission of our organization, we endeavor to:

- 1. **Cultivate an Inclusive Environment:** We foster an inclusive culture that values and respects diversity and the unique experiences of individuals coping with grief. We actively promote a safe and accepting space where individuals can process grief and trauma, knowing that they will be heard and supported without judgment.
- 2. **Promote Accessibility and Equity**: We work to remove barriers to mental health, wellness, and grief support services and ensure that everyone, regardless of their background or circumstances, has equal access to the support and resources they need. We prioritize sensitivity in caring for people, taking into account the unique needs of diverse individuals and communities experiencing grief.
- 3. **Embrace and Learn from Diversity:** We appreciate the diversity within our organization and the broader community, including diverse experiences of individual grief. We commit to seek out diverse perspectives and continuously educate ourselves to better understand the experiences and challenges faced by individuals from different backgrounds. This enables us to develop more comprehensive and culturally competent grief support programs and services.
- 4. **Collaborate and Partner:** We actively seek collaborations and partnerships with organizations, communities, and individuals who share our commitment to diversity, inclusion, and grief support. By working together, we can leverage our collective knowledge, expertise, and resources to make a more significant impact in advancing mental health, wellness, and grief support for all.
- 5. **Regularly Evaluate and Improve**: We recognize that diversity, inclusion, and grief support are ongoing journeys that require continuous self-reflection, learning, and improvement. We regularly assess our practices, policies, and programs to identify areas where we can enhance diversity, equity, and inclusion in the context of grief support. We remain open to feedback from our stakeholders and the communities we serve to ensure that our efforts are effective and responsive.

We believe that embracing diversity, cultivating inclusion, and providing grief support in the context of mental health and wellness are not only ethically imperative but also essential for creating meaningful change in individuals' lives and the broader community. By working together, we can build a future where mental health, wellness, and grief support are accessible, inclusive, and responsive to the needs of everyone.

Respectfully, The Camberwell Leadership Team